





# Week 1

**Try something different!**  
Trying new and different foods is a great way of getting all the nutrition your body needs

## HOT SPECIALS...

**Vegetable Supreme Pizza with dough balls**  

Cheesy tomato pizza slice topped with sweetcorn and peppers

**Cheese and Tomato Pizza with Dough Balls**  

Cheese and Tomato Pizza with Dough Balls

**Allegra's Chicken Filo Pie with Mashed Potato**

A delicious light filo pastry topped chicken pie

**Pastry Slice with Roast Potatoes and Gravy** 


A chunky butternut squash and potato pastry slice

**Roast Turkey with Roast Potatoes & Gravy**

Roast turkey with fluffy roasties and tasty gravy

**Meat-free Roast with Roast Potatoes and Gravy**  

Delicious Quorn roast with fluffy roasties and tasty gravy

**Pasta Bolognese** 

A classic Italian beef Bolognese in a yummy tomato sauce

**Veggie Bolognese**  

Yummy veggie Bolognese with pasta

**Golden Fish Fingers and Chips**

Crispy fish fingers with scrummy chips

**Meat-free Dippers and Chips** 

Crispy Quorn dippers with their fave sauce - ketchup



Available every day!

Cool water  
Salad  
Freshly baked bread  
Yoghurt  
Fresh fruit

## SIDES...

Fresh Carrots and Sweetcorn

Peas and Fresh Broccoli

Fresh Carrots and Fresh Cabbage

Fresh Broccoli and Sweetcorn

Baked Beans  
Fresh Carrots and Peas

## PICK A PUD!

 Orange Drizzle Cake with Fruit Slices

Secret Brownie

 Shortbread Biscuit with Fruit Slices

  Oatie Biscuit with Fruit Slices

 Raspberry Ripple Ice Cream with Fruit Slices







### WEEKS COMMENCING:

30/08, 20/09, 11/10, 01/11, 22/11, 13/12, 03/01, 24/01, 14/02, 07/03, 28/03, 18/04



Look out for these symbols for our super healthy dishes:

 Nutritionist's Choice

 Vegetarian  Wholegrain  Oily fish  Fruity!

**Allergy?** Speak to our kitchen for help

# Week 2

Try something different!

Trying new and different foods is a great way of getting all the nutrition your body needs

## HOT SPECIALS...

**Vegetable Supreme Pizza with dough balls**

Cheesy tomato pizza slice topped with sweetcorn and peppers

**Vegetable Supreme Pizza with dough balls**

Cheesy tomato pizza slice topped with sweetcorn and peppers

**Sausage and Mash with Gravy**  
Sausage and mash with rich gravy

**Veggie Sausage and Mash with Gravy**  
Veggie Sausage and mash with gravy

**Roast Chicken with Roast Potatoes & Gravy**  
Succulent roast chicken with fluffy roasties

**Meat-free Roast with Roast Potatoes and Gravy**  
Delicious Quorn roast with fluffy roasties and tasty gravy

**Favourite Beef Lasagne with a Garlic & Herb Bread Wedge**  
A classic Italian beef lasagne in a yummy tomato sauce

**Veggie Lasagne served with a Bread Wedge**  
Delicious sheets of pasta layered with veggies and tomato sauce

**Golden Fish Fingers and Chips**  
Crispy fish fingers with scrummy chips

**Meat-free Dippers and Chips**  
Crispy Quorn dippers with their fave sauce - ketchup

Available every day!

Cool water  
Salad  
Freshly baked bread  
Yoghurt  
Fresh fruit



## SIDES...

Fresh Carrots and Sweetcorn

Peas and Fresh Broccoli

Fresh Carrots and Fresh Cabbage

Fresh Green Beans and Sweetcorn

Baked Beans  
Fresh Carrots and Peas

## PICK A PUDI!

Flapjack with Fruit Slices

Peach Shortbread Pudding with Custard

Banana Cake with Fruit Slices

Fruity Chocolate Brownie

Vanilla Ice Cream with Fruit Slices



WEEKS COMMENCING;  
06/09, 27/09, 18/10, 08/11,  
29/11, 20/12, 10/01, 31/01,  
21/02, 14/03, 04/04



Look out for these symbols for our super healthy dishes:

♥ Nutritionist's Choice

🌿 Vegetarian 🌾 Wholegrain 🐟 Oily fish 🍏 Fruity!

Allergy? Speak to our kitchen for help

# Week 3


Try something different!

Trying new and different foods is a great way of getting all the nutrition your body needs

## HOT SPECIALS...

**Vegetable Supreme Pizza with dough balls**


Cheesy tomato pizza slice topped with sweetcorn and peppers

**Burrito** 

A soft wrap filled with lightly spiced veggies and rice

**Hot Chicken Sandwich with Potato Wedges**

Roast chicken served in a soft bun with lettuce and mayo

**Macaroni Cheese** 

Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce

**Roast Pork with Roast Potatoes & Gravy**




Roast pork with fluffy roasties and tasty gravy

**Meat-free Roast with Roast Potatoes and Gravy**  

Delicious Quorn roast with fluffy roasties and tasty gravy

**Beef Meatballs in Tomato Sauce with Pasta** 

Delicious beef meatballs in a tasty tomato sauce with pasta

**Veggie Balls in Tomato Sauce with Pasta**   

Delicious veggie balls in a tasty tomato sauce with pasta

**Golden Fish Fingers and Chips**

Crispy fish fingers with scrummy chips

**Meat-free Dippers and Chips** 

Crispy Quorn dippers with their fave sauce - ketchup

Available every day!

Cool water  
Salad

Freshly baked bread

Yoghurt  
Fresh fruit



## SIDES...

Peas and Fresh Carrots

Sweetcorn and Fresh Broccoli

Fresh Carrots and Fresh Cabbage

Sweetcorn and Fresh Broccoli

Baked Beans Fresh Carrots and Peas

## PICK A PUDDING!

Oatie Biscuit with Fruit Slices

Apple and Carrot Yoghurt Muffin with Fruit Slices

Shortbread Biscuit with Fruit Slices

Chocolate Sponge Cake with Fruit Slices

Strawberry Ice Cream with Fruit Slices







WEEKS COMMENCING;

13/09, 04/10, 25/10, 15/11,  
06/12, 27/12, 17/01, 07/02,  
28/02, 21/03, 11/04

Look out for these symbols for our super healthy dishes:

 Nutritionist's Choice

 Vegetarian  Wholegrain  Oily fish  Fruity!

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